



Cholestaid

Support healthy ratio of LDL/HDL

The active ingredients of **Cholestaid** have been reported with the following functions:

- * **Sugar cane wax alcohols:** Clinical studies in normal people show that it can help maintain healthy cholesterol and maintain healthy HDL/LDL ratio.
- * **Polygonum multiflorum:** May help reduce intestinal absorption of dietary cholesterol and maintain normal healthy arterial wall.
- * **Salvia miltiorrhiza:** Used to remove blood stasis and promote blood flow.
- * **Alisma plantago aquatica:** Traditionally used to manage normal triglyceride and cholesterol levels.
- * **Crataegus pinnatifida:** Traditionally used to reduce food stagnancy and blood stasis. It improves blood circulation and has been used to maintain normal blood cholesterol and blood pressure.
- * **Cassia tora:** Traditionally used to help reduce plasma cholesterol. It is reported that Cassia tora can maintain normal healthy arterial walls.
- * **Camellia sinensis:** A powerful antioxidant. Ingestion of green tea is beneficial in the prevention and improvement of lifestyle-related diseases.

Each capsule contains:

Powdered extracts equivalent to dry –

Sugar cane wax alcohols	10.0mg
Camellia sinensis leaf	10g
(equiv. Catechins of Camellia sinensis leaf)	240.0mg
Polygonum multiflorum root	237.5mg
Salvia miltiorrhiza root & rhiz	237.5mg
Alisma plantago aquatica rhiz	475.0mg
Crataegus pinnatifida fruit	475.0mg
Cassia tora seed	475.0mg

Dosage:

The recommended dose for adults is one capsule daily, taken with the evening meal.

Not recommended for use by those who are pregnant or breast-feeding.