



Suguard Tea

*Helps maintain healthy blood glucose level
& beneficial to your immune system.*

Suguard Tea includes 12 herbal essences to help maintain healthy blood glucose level and benefit the immune system:

- * ***Ophiopogon japonicus & Pueraria lobata:*** Can increase blood flow and has been reported with activities relate to healthy blood glucose maintenance.
- * ***Astragalus membranaceus & Poria cocos:*** Helps enhance humoral immunity and is involved in lipid and sugar metabolisms.
- * ***Angelica polymorpha:*** A traditional blood tonic, has immunologic effect and helps activate blood circulation.
- * ***Anemarrhena asphodeloides, Rehmannia glutinosa, Polygonatum officinale & Polygonatum sibiricum:*** Traditionally used to help maintain healthy blood glucose level. Polygonatum officinale & Polygonatum sibiricum also have immunostimulating function.
- * ***Salvia miltiorrhiza:*** Traditionally used to remove blood stasis and increase blood flow. It also helps maintain healthy cholesterol and triglyceride levels in the plasma.
- * ***Dioscorea opposita:*** Traditionally used for spleen and kidney related functions. It may contain diosgenin which might be beneficial to healthy cholesterol maintenance.

Each teabag contains:

Powdered extracts equivalent to dry –

Rehmania glutinosa root	1005mg
Ophiopogon japonicus root	860mg
Astragalus membranaceus root	860mg
Angelica polymorpha root	570mg
Anemarrhena asphodeloides rhiz	290mg
Polygonatum officinale rhiz	1005mg
Polygonatum sibiricum rhiz	570mg
Pueraria lobata root	860mg
Salvia miltiorrhiza root	860mg
Dioscorea opposita rhiz	570mg
Poria cocos fungus sclerotium	570mg

Directions for use:

Put 1 teabag in a cup of boiling water for 5 minutes to brew. Use 3 teabags a day.